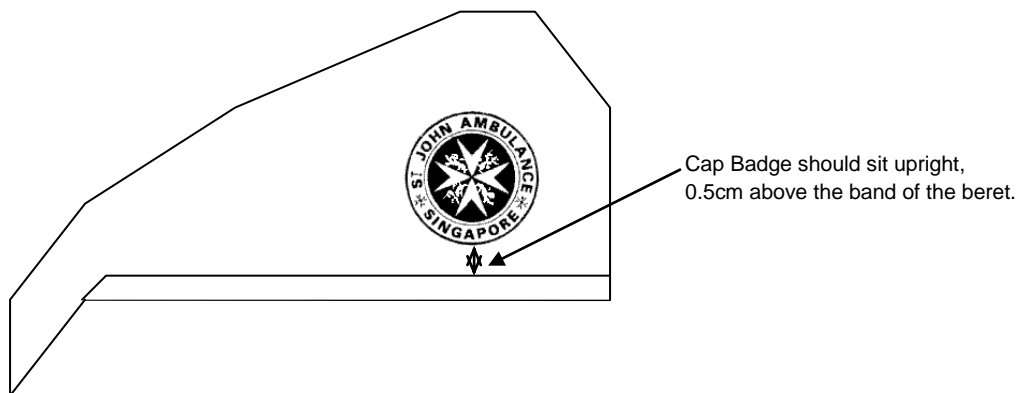
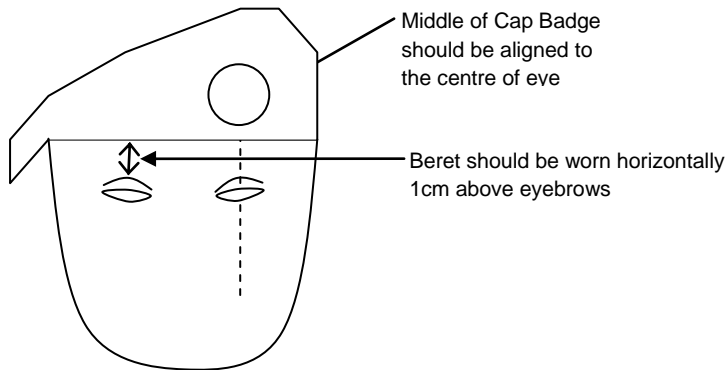




Cadet Uniform Guide

Head-Dress (Beret)

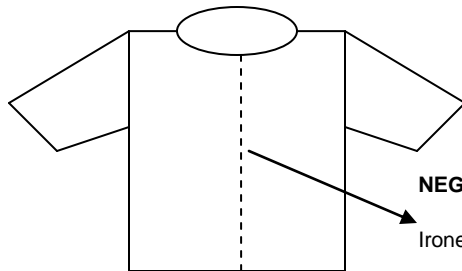
1. The beret should be worn with the Cap Badge (Insignia) above the left eye. The front of the beret should be 1cm above the eyebrows and all fringes are to be within the beret. The tail of the beret should be tucked in properly. The beret must be well-seasoned such that it stays in shape as shown in diagram below.
2. The Cap Badge (Insignia) should be sitting upright 0.5cm above the band of the beret as shown in the diagram below.





Shirt

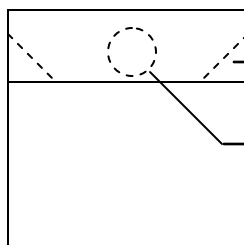
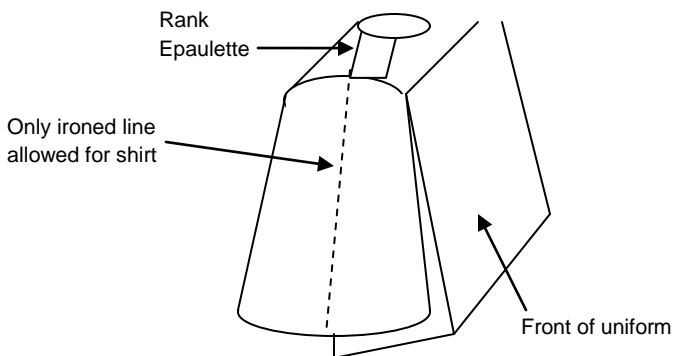
1. The shirt should be well-pressed and clean.
2. There should be no dirt, stains, or fold marks.
3. The only ironed lines visible are the lines ironed on the sleeve.
4. The covers of the pockets (for male members) should not be flapping upwards.
5. The collar should be standing and should not cover the shoulder flaps.
6. The shape of the button should not be visible on the shirt, which will be seen if the shirt is ironed with the flap of the pocket over the button.



NEGATIVE EXAMPLE:

Ironed or fold line in centre of uniform is a common mistake

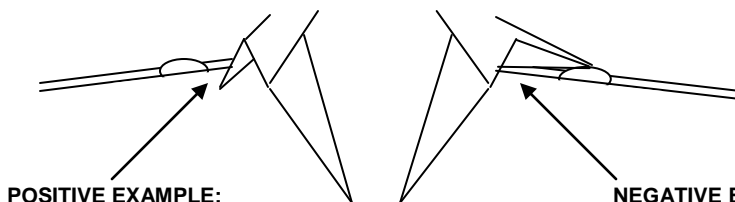
Back View



Corners of pockets may tend to flap upwards so they must be ironed down.

There should be no stain or visible shape of the button.

Front View of Pocket



POSITIVE EXAMPLE:

Standing collar and collar edge under the shoulder flap.

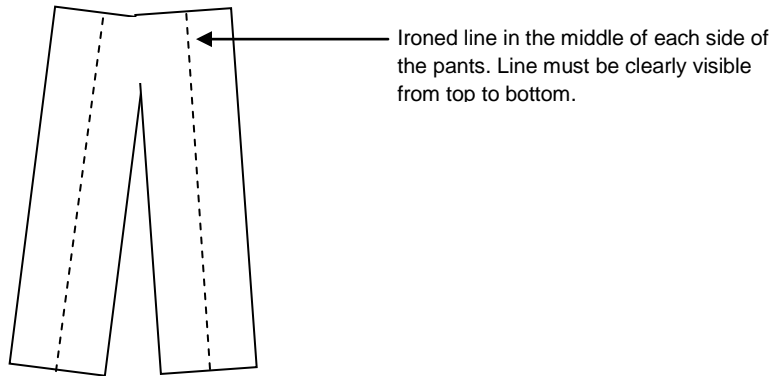
NEGATIVE EXAMPLE:

Collar edge over the shoulder flap.



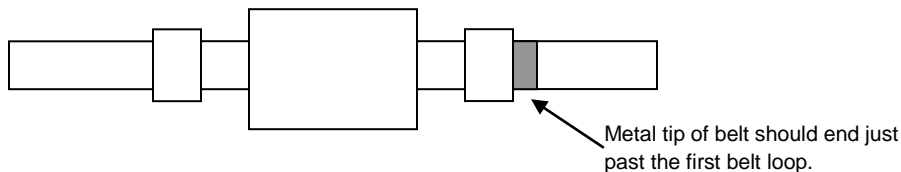
Pants / Culottes

1. Pants and Culottes are to be well-pressed.
2. Culottes are not to have any fold lines or ironed lines.
3. Pants should have ironed lines as shown in diagram below.



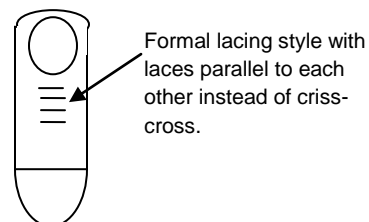
Belt

1. The buckle of the belt must be well-polished and shiny.
2. The belt should be worn with the end just past the first belt loop as shown in diagram.



Socks and Boots

1. Sock length for female members is 4cm above the ankle. The sock is to be folded down neatly.
2. Socks for male members should be pulled up all the way such that during footdrill movements, the sock length is enough to prevent the skin of the leg to be seen.
3. Boots must be well-polished and shined. There should be no mud stains or dirt on the boots even on the rubber parts.
4. Boots must be laced formal style as shown in diagram below. Laces must be double knotted to prevent it from slipping loose during footdrill.

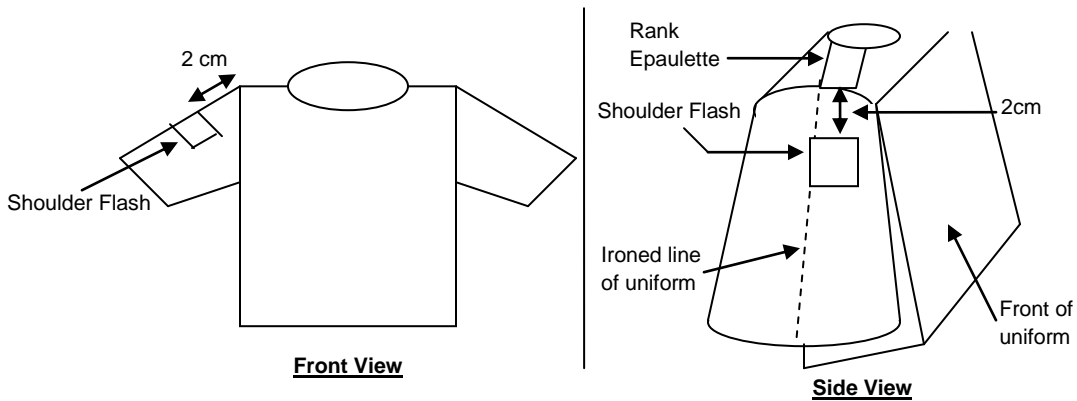




Uniform Accessories (Shirt)

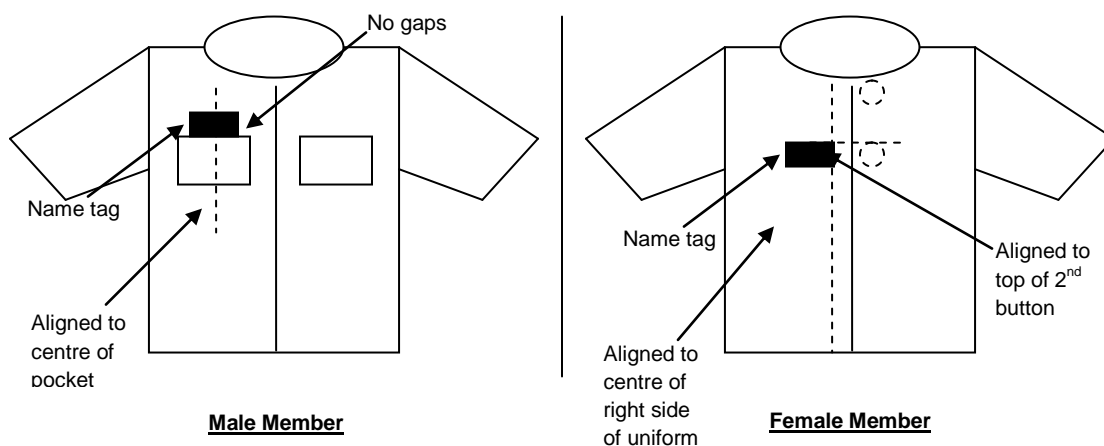
Shoulder Flash

1. This should be fixed 2 cm below the Rank Epaulette and in line with the ironed line of the sleeve as shown in diagram below.



Name Tag

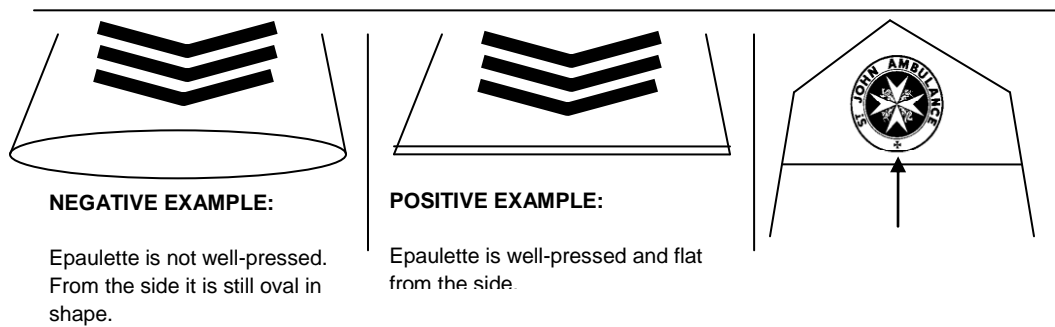
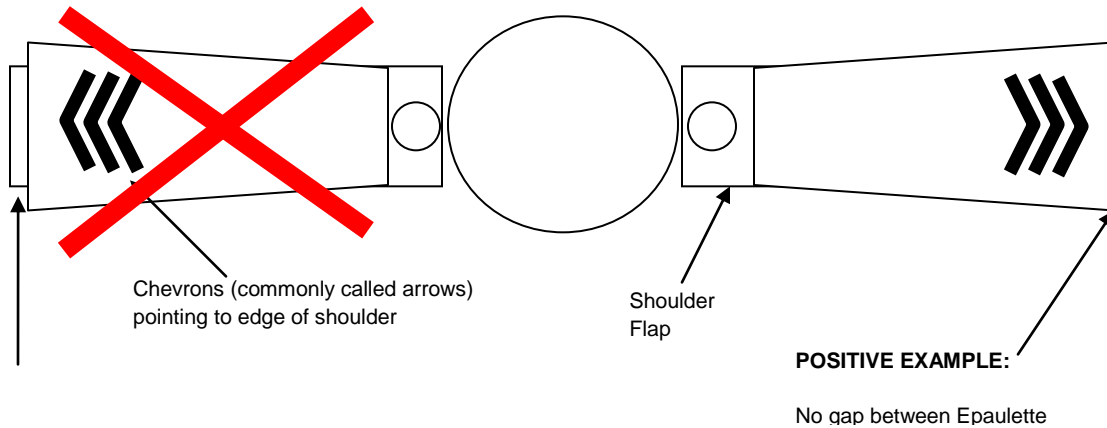
1. This is worn directly above the right chest pocket of the uniform with no gaps between the top of the pocket and the name tag for the male members. The name tag should be aligned to the centre of the pocket for male members as shown in the diagram below. For female members, the name tag is to be worn in line with the top of the second button of the uniform and aligned just beside the faint sewing seam on the right flap of the uniform as in diagram below.





Rank Epaulette

1. This is worn on the shoulder by affixing it over the shoulder flap of the uniform. The Chevrons of the Rank should point to edge of shoulder always. The Epaulette should be pulled to the edge of the shoulder flap leaving no gap between the Epaulette and the edge of the shoulder flap as shown in diagram below.
2. The Epaulette must be well pressed as shown in diagram below.



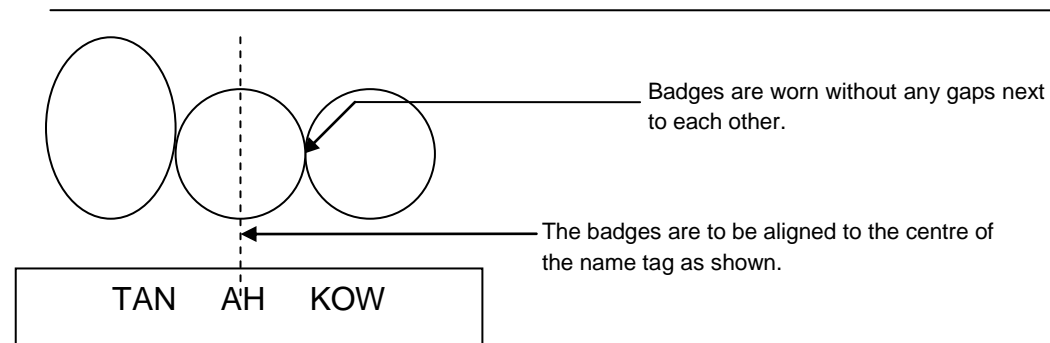
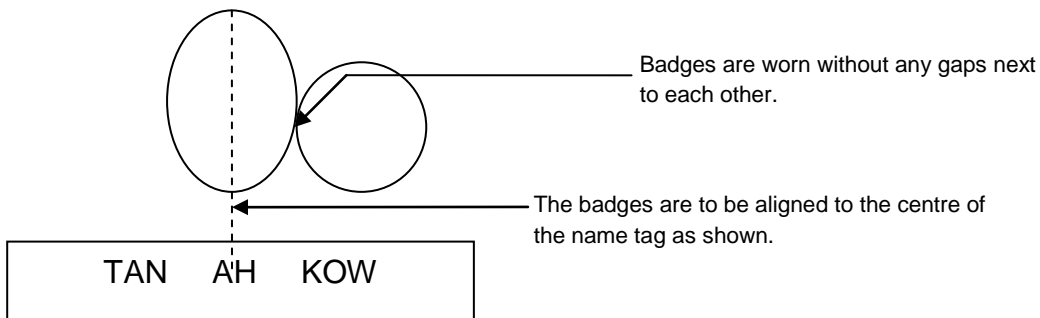
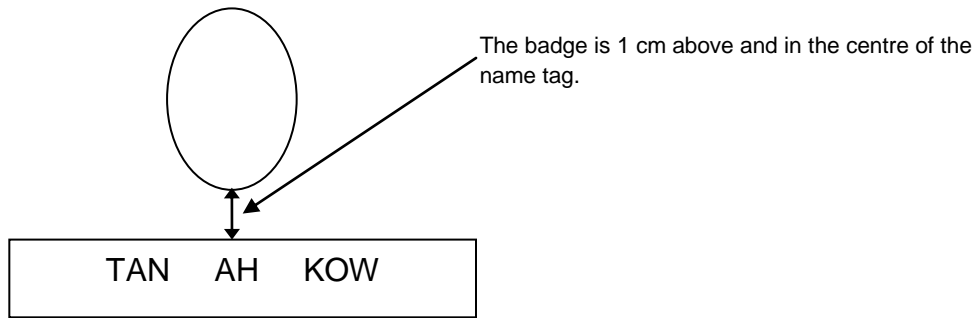


Achievement and Proficiency Badges

1. Achievement Badges:
 - a. Chief Commissioner's Badge (Highest Grade)
 - b. Commissioner's Badge
 - c. Unicorn Badge
 - d. National Activity Badge
2. On gaining the Commissioner's Badge, the badge may be worn in addition to the individual proficiency badges. The Commissioner's Badge is to be worn 1 cm above the name tag of the uniform.
3. However, when a member is further awarded the Chief Commissioner's Badge, only the Chief Commissioner's Badge is to be worn in addition to the individual proficiency badges. The Commissioner's Badge must be removed and not worn together with the Chief Commissioner's Badge. The Chief Commissioner's Badge is also worn 1 cm above the name tag of the uniform, this time in place of the Commissioner's Badge. Individual proficiency badges may still be worn.
4. Achievement badges are to be worn 1 cm above the name tag of the uniform. If only one achievement badge is gained, the badge would be worn in the middle of the name tag. If more than one achievement badges are gained, these badges must be worn from the inner to outer part of the right chest.
5. Achievement Badges are to be worn side by side with no gaps between badges and also placed from lower to higher grade of the badges. (Grade of achievement badges are as stated in list above)



ST. JOHN AMBULANCE BRIGADE
ZONE 7
AHMAD IBRAHIM CORP



List of Proficiency Badges

1. Group 1 Badges:
 - a. Anti-Drug Abuse (ADA/101)
 - b. Casualty Simulation (CAS/102)
 - c. Citizenship (CTZ/103)
 - d. Civil Defence (CDF/104)
 - e. Community Care (CMC/105)
 - f. Crime Prevention (CRP/106)
 - g. Energy Conservation (ECS/107)
 - h. Heartsaver (HSR/108)
 - i. Leadership (LDR/109)
 - j. **Total Defence (TDF/110)
 - k. Nursing Care (NUR/111)



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2. Group 2 Badges:
 - a. Adventure Training Course (ADT/201)
 - b. Athletics (ALT/202)
 - c. Camping and Campcraft (CCC/203)
 - d. Canoeing (CNE/204)
 - e. Cycling (CYC/205)
 - f. Diver (DVR/206)
 - g. Expedition (EPD/207)
 - h. Games (GAM/208)
 - i. Hiking (HIK/209)
 - j. Life Saving (LIS/210)
 - k. Map Reading (MPR/211)
 - l. Swimming (SWM/212)
 - m. Gardening (GDN/213)
 - n. Archery (ARC/214)
 - o. Air Rifle (ARF/215)
3. Group 3 Badges:
 - a. Artist (ART/301)
 - b. Collecting (COL/302)
 - c. Electrical Repairs (ELR/303)
 - d. Homecraft (HCF/304)
 - e. Librarian (LIB/305)
 - f. Martial Arts (MAT/306)
 - g. Musician (MSC/307)
 - h. Photography (PHO/308)
 - i. Computer Knowledge (CPU/309)
 - j. Community Song (CMS/310)
4. Group 4 Badges:
 - a. Accident Prevention (ACP/401)
 - b. Clerical Ability (CLA/402)
 - c. Cookery & Nutrition (CKN/403)
 - d. Drill Knowledge (DRI/404)
 - e. Fire Fighting and Prevention (FFP/405)
 - f. Handyman (HDM/406)
 - g. International Friendship (INF/407)
 - h. Knowledge of the Order (KSJ/408)
 - i. Languages (LAN/409)
 - j. Motorist (MTR/410)
 - k. Pet Care (PTC/411)
 - l. Information Technology Badge (ITB/412)



Wearing of Proficiency Badges

1. Ordinary Proficiency Badges are to be worn in neat rows with no more than four in a row. There is to be no gap between succeeding badges or between rows of badges. The first row of badges is to be worn 1 cm below the shoulder flash on the left sleeve.
2. Ordinary Proficiency Badges are to be worn from front to back or left to right when facing the left sleeve, with no gap between badges.
3. Proficiency Badges under Group 1 (except for Total Defence Badge, see *below*) are to be worn first, followed by those under Group 2, 3 then 4 in this order, regardless of the time the badges are gained.
4. If only 3 or less Proficiency Badges are gained, the badges are to be worn aligned to the ironed line of the shirt. The starting order will still be from front to back or left to right.

