



Rules and Regulations

A. General

1. Cadets are to obey all rules and regulations stated in this order without fail.
2. All male gender forms in this order will refer to females as well, and vice-versa, unless stated otherwise.

B. Activities

3. All cadets are to attend activities as stated in the Training Schedule unless certified unwell by virtue of Medical Certificate, or exempted by Officers/Seniors In-Charge.
4. Cadets are to be punctual for all activities and report at least 15 minutes earlier than the time stated in the Regimental Orders.
5. Cadets are to bring along all materials stated in the Regimental Orders for activities.
6. All valuables are to be surrendered, before the start of activities, to the Duty In-Charge. The Head of Logistics will then take over the valuables for safekeeping.

C. Attire

7. Cadets are to report in the correct attire as stated in the Regimental Orders.
8. Restriction of items of attire are as follows:
 - i) Rubber band for tying up hair is to be black in colour.
 - ii) Only one pair of ear sticks of transparent material is allowed.
 - iii) No hair clips are allowed. Only hair pins are to be used.
 - iv) No hair bands are allowed.
 - v) No accessories, including watches, are allowed.
9. Cadets are to pin up their fringe neatly.
10. Cadets are to ensure that their attire is proper throughout the entire activity.
11. Official definitions of attire are as follows:
 - i) PT Kit – T-shirt, PE shorts, black socks, white shoes.
 - ii) Outdoor Activity Kit – T-shirt, trackpants, black socks, white shoes.
 - iii) Full Brigade Uniform – Uniform top, Brigade pants or culottes, belt, nametag, Proficiency and Achievement badges, beret, black socks, boots.
 - iv) Half Brigade Uniform – T-shirt, Brigade pants or culottes, belt, nametag, beret, black socks, boots.



Rules and Regulations

D. Conduct and Movement

12. Cadets are to obey instructions and respond immediately to Officers/Seniors.
13. Any form of insubordination will not be tolerated.
14. All cadets are not allowed to use abusive, obscene, or vulgar languages or signs at all times.
15. All cadets are to communicate in English.
16. Cadets are not allowed to communicate with outsiders.
17. Cadets are to ensure that their posture is correct while sitting down.
18. Movement is to be done with urgency.
19. Cadets are to keep strictly to the time limit given.
20. The Duty In-Charge must be kept informed of the movement of all cadets.

E. Compliments

21. Cadets are to pay compliments to Officers/Seniors whenever appropriate.
22. All cadets are to salute Commissioned Officers when paying compliments while in Uniform.
Cadets are not required to salute Sergeant Majors or Non-Commissioned Officers.
23. All cadets are to pay compliments to the State Colours and Regimental Colours, as well as to the Brigade Colour and all Zone Colours.

F. Full Brigade Uniform

24. The Brigade Uniform is to be brought from place to place in a uniform cover.
25. Preparation of the Uniform is to be done with strict accordance to the Cadet Uniform Guide.
26. Cadets are to fulfil responsibilities as a First-Aider, regardless of whether on Active Duty or not, while in Uniform.
27. Cadets are only allowed to wear the Uniform at the venue of activity.
28. Cadets are not allowed to exit the Changing Rooms without wearing their Uniform properly.
29. All attire regulations apply while in Uniform.
30. All cadets are to put on head dress while on the move or when out of shelter. Cadets are allowed to take off head dress only when stationary under shelter, or when permission is granted.
31. Cadets are only allowed to sit on chairs, or on the floor with permission, while in Uniform.
32. No eating or drinking is allowed while in Uniform. Only plain water is allowed.
33. Cadets are not allowed to run without permission while in Uniform. Cadets are to either march in quick time, or walk briskly.



Rules and Regulations

G. Parade Square

34. Movement without permission while in formation is strictly not allowed.
35. All movement on the Parade Square is to be done in a formal fashion.
36. Cadets are to ensure that their attire is proper before forming up.
37. Cadets are to be alert for all commands given by the Commander.
38. Drill movements are to be executed with pride and efficiency.
39. Posture is to be maintained at all times.
40. Cadets are to request for permission before falling-in.
41. If the entire squad is due to fall-out, cadets will await the “KELUAR BARIS” command.
42. Cadets are not allowed to walk between the Commander and his squad.
(This is known as “cutting” the squad)
43. In the event that someone cuts the squad, the entire squad will assume pumping position immediately.

H. SJAB Room

44. Cadets are to request for permission before entering the SJAB Room.
45. Cadets are to obey the instructions of the Head of Logistics while in the room.
46. Cadets are to replace things that they use in their respective places.
47. Only a maximum of 3 cadets are allowed in the room at any one time.

I. Documents

48. All documents bearing the St. John Logo are classified as Restricted unless stated otherwise.
49. Restricted documents should be properly kept in a confidential environment.